



Integrative Craniosacral Unwinding Program

(176 hours)

Required Sessions and Case Studies

Student's Full Name _____ Phone _____

3 Sessions received from:

1. _____ Practitioner Name	_____ Practitioner Signature	_____ Date
2. _____ Practitioner Name	_____ Practitioner Signature	_____ Date
3. _____ Practitioner Name	_____ Practitioner Signature	_____ Date

24 Case Studies Required for Integrative Craniosacral Unwinding Program

Use as many lines as needed. #CS is the number of case studies reviewed at that session.

DO NOT include the 6 case studies from the Clinical Development Class.

_____ # CS	_____ Instructor/Mentor Name	_____ Instructor/Mentor Signature	_____ Date
_____ # CS	_____ Instructor/Mentor Name	_____ Instructor/Mentor Signature	_____ Date
_____ # CS	_____ Instructor/Mentor Name	_____ Instructor/Mentor Signature	_____ Date
_____ # CS	_____ Instructor/Mentor Name	_____ Instructor/Mentor Signature	_____ Date
_____ # CS	_____ Instructor/Mentor Name	_____ Instructor/Mentor Signature	_____ Date

General Guidelines for Working with a Mentor

The intention for working with a mentor to review your case studies is to receive guidance along your journey. As you conduct sessions and practice with clients, you can receive support and feedback about your work that will help you grow in real time.

DO NOT WAIT TO GET ALL YOUR CASE STUDIES REVIEWED AT ONCE AT THE END.

HOW MANY AT A TIME?

A good number of sessions is 8 at a time, breaking up your reviews into 3 separate meetings. However, you can always choose to do fewer case studies at a time and have more meetings with your mentor. Getting support and supervision can help you at any stage of your practitionership, especially if you feel activated or are struggling with a challenging situation or client.

WHAT FORM SHOULD I USE?

In the Evaluation class, you will receive a variety of case study forms. Each one focuses on different aspects of a session, so it's useful to experiment with different forms over time. By trying out different forms, you will strengthen your consciousness in different ways and even discover what questions you want to ask yourself to create your own form, if that feels right for you.

WHAT FORMAT SHOULD THEY BE IN?

PDF is the recommended file format, as it is universal and can be read on any operating system. Android and iPhone phones have free PDF scanning capabilities. Google "how to scan and create pdf on iPhone (or Android)" and the top answer will give you instructions.

HOW & WHEN SHOULD I SEND THE FILES?

Please send your case studies at least a week ahead of time, so your mentor has time to review them. Send them in chronological order (from oldest to newest), with dates on each case study.

Tell your mentor what classes you have taken, so they can assess what material is being covered and whether new material is being practiced.

COST

Each mentor will have their own pricing for student sessions.

REMEMBER TO BRING THE SIGNATURE FORM TO YOUR SESSION FOR YOUR MENTOR TO SIGN OFF ON. WHEN YOU HAVE COMPLETED THE CASE STUDIES & PRACTITIONER SESSIONS, SUBMIT THE FORM TO INFO@IPSB.COM.